

# **Would you like to help another West Hartford resident?**

## **Grocery Shopping**

Volunteer shoppers make weekly grocery runs for homebound elders and disabled residents.

## **Medical Escort Transportation**

Volunteers drive seniors who do not have adequate alternative transportation to local routine medical appointments.

## **Friendly Visitor**

Volunteers provide elderly residents with friendship, socialization, and support through regular visits to their homes.

## **Telephone Reassurance**

From home or in our office, volunteers make weekly phone calls to homebound elders to alleviate isolation and loneliness.

## **Tutoring**

Help children in grades K-8 after school in the homework center or work one-on-one with adults at the Hillcrest Area Neighborhood Outreach Center.

## **West Hartford's Food Pantry**

Help sort, date check and shelve donated food that benefits the town's food pantry. Organize food drives to benefit the pantry.

**To learn more about volunteering call 860-561-7567 or email**

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